

**Amendments to the Claims**

This listing of claims will replace all prior versions, and listings, of claims in the application.

**Listing of the Claims:**

Claim 1 (currently amended) Water water soluble porous bodies comprising a three dimensional oil and water emulsion templated open-cell lattice containing:

(a) less than 10% by weight of water-soluble polymeric material other than a surfactant, and

(b) 5 to 95% by weight of a surfactant, and,

(c) a water-insoluble material incorporated into said lattice to be dispersed when the water-soluble porous body dissolves,

said porous bodies having an intrusion volume as measured by mercury porosimetry of at least about 3 ml/g,

wherein said porous bodies are powders having a particle size below about 0.2 mm or moulded bodies having a particle size above 5 mm; and

with the proviso that said porous bodies are not spherical beads having an average bead diameter of 0.2-5.0 mm;

wherein said water-soluble polymeric material is a natural gum, a polysaccharide, a cellulose derivative or a homopolymer or copolymer comprising (co)monomers selected from the group consisting of:

vinyl alcohol,

acrylic acid,

methacrylic acid

acrylamide,

methacrylamide

acrylamide methylpropane sulphonates

aminoalkylacrylates

aminoalkylmethacrylates